

SHARING MEMORIES

USING REMINISCENCE ACTIVITIES

WITH SENIOR GROUPS

WITH

LYNNE MARTIN ERICKSON AND TOM EDWARDS

26 MARCH 2011 FORT MYERS, FL

**WHEN AN OLD PERSON DIES,
A LIBRARY BURNS.**

AFRICAN PROVERB

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*The crowd at the Saturday matinee.
National Archives 208-POA-68-27172*



WWW.LIBRARY.LEE-COUNTY.COM

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Love to Eat

I love breakfast
eggs fried
spicy sausage
slices of bacon
toast, butter and jam
lots of jam
four cups of coffee.

Lunch at the diner
big, juicy burger
Cheddar cheese sauce
ketchup
onion rings
crispy French fries
large milkshake.

Dinner late
pork chops fried
potatoes mashed
salt and pepper
carrots creamed
dessert
apple tart.

No good for me.
No good.
Good.

♥ *to Eat*

I love breakfast
granola crunchy
plump raisins
slices of banana
fat-free yogurt
prune juice
one cup of herb tea.

Lunch at the salad bar
big bowl of greens
fat-free dressing
tomato
rings of onion
crispy cucumbers
large iced tea.

Dinner early
fish grilled
potato baked
Mrs. Dash
carrots steamed
dessert
tart apple.

So good for me.
So good.
Good.

INTRODUCTIONS & GOALS



REMINISCENCE PROGRAMMING



VISUALS

THINGS TO TOUCH



MUSIC, SOUNDS AND RECORDINGS

SCENT AND TASTE



HUMOR



SKITS



RETURN TO THE GOALS



B	I	N	G	O
someone who ate an artichoke as a child	someone who drank chocolate milk last week	someone who ate a popsicle last summer	someone who had grits for breakfast this morning	someone who has pulled taffy
someone who ate a radish in the last week	someone who likes nuts in brownies	someone who is a vegetarian	someone who doesn't eat dessert	someone who had a dental emergency with popcorn
someone who wears an apron while cooking	someone who rolls out a good pie crust	FREE LUNCH	someone who bakes bread the old-fashioned way	someone who makes jam every year
someone who eats anchovies on pizza	someone who had wine with dinner last night	someone who puts sugar on tomatoes	someone who prefers tea to coffee	someone who eats the Oreo filling first
someone who loves lima beans	someone who chewed gum today	someone who ate liver in the last month	someone who has shucked clams	someone who has pickled something other than cucumbers